



## **Neenah Basketball Academy (NBA)**

The Neenah Basketball Academy is giving any Neenah Boys Basketball player an opportunity to improve their overall game. By working out twice a week for 2 hours for the months of June and July we think the rewards can be great. (This program will replace the Neenah Hoops Club Camp, which ran for 8 hours in June in past years). We feel that any player that loves the game can now get 24 hours of excellent instruction by our Neenah Boys Basketball staff through this time period. Sessions will coincide with the Neenah Quicks program. Participants will be able to attend the Academy and then go to weights and quicks and be done by noon. All Neenah Basketball Academy sessions will take place from 8 a.m.-10 a.m. in the Conant gym. We realize you may have some conflicts.

### ***Session 1*** **Skills and Fundamentals**

This session emphasizes the fundamentals and skills for basketball on an individual and small group basis. Session 1 is for players looking for individual instruction and better competition. The focus will be having fun while learning the fundamentals of basketball. Each day will end with the opportunity to demonstrate those fundamentals in a competitive game setting.

Grades 7-9	Mondays and Thursdays	June 15,18,22,25,29, July 2 = 12 Hours
Grades 3-6	Tuesdays and Fridays	June 16,19,23,26,30, July 3 = 12 Hours

### ***Session 2*** **Shooting Camp and Defensive Concepts**

This session will focus on becoming a better shooter and learning how to score by getting to the basket. Development of the campers shot will be broken down from a fundamental start to scoring in transition. Video analysis as well as other teaching tools will be used. Shot selection in transition, motion offense, reading screens, and attacking the basket will allow the camper to improve his shooting techniques. Each camper will receive his own shot analysis on a DVD. Defensive concepts of ball, line and help will be broken down along with many other principles that factor into becoming a good defensive player.

Grades 7-9	Mondays and Thursdays	July 13, 16, 20, 23, 27, 30 = 12 Hours
Grades 3-6	Tuesdays and Fridays	July 14, 17, 21, 24, 28, 31 = 12 Hours

\*\*Each session will give players the opportunity to work with resistance bands and also the Vertimax, which increases your vertical jump and improves quickness. This is the same equipment used by our varsity athletes.



## Neenah Basketball Academy Registration Form

Please check your session(s) choice below.

_____ Session 1	Grades 7-9	Mondays and Thursdays	\$30.00
_____ Session 1	Grades 3-6	Tuesdays and Fridays	\$30.00
_____ Session 2	Grades 7-9	Mondays and Thursdays	\$30.00
_____ Session 2	Grades 3-6	Tuesdays and Fridays	\$30.00
_____ Sessions 1 and 2	Both Sessions = Price Break		\$50.00

Name \_\_\_\_\_

Address \_\_\_\_\_

PhoneNumber \_\_\_\_\_

Grade in 2009-2010 \_\_\_\_\_

I release and discharge Neenah High School, camp workers, and employees from all action, suit and demands whatsoever in law or in equity including but not limited to the risk of injury from participating in camp and the risk of loss of personal property by theft or otherwise. I give permission to workers and employees to treat injuries sustained in camp.

Parent/Guardian Name \_\_\_\_\_

Please make checks payable to: Neenah Hoops Club

**Register by June 1.**

Send to: Neenah High School  
Attn. Chas Pronschinske  
1275 Tullar Road  
Neenah, WI 54956

Any questions please contact Chas Pronschinske at  
[cpronschinske@neenah.k12.wi](mailto:cpronschinske@neenah.k12.wi) or call 920-751-6900 ext. 181